Sensory nerve-derived neuropeptides accelerate the development and fibrogenesis of endometriosis

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STUDY QUESTION: Do sensory nerves play any role in the development of endometriosis?

SUMMARY ANSWER: Sensory nerves participate in all major steps (epithelial–mesenchymal transition (EMT), fibroblast-to-myofibroblast transdifferentiation (FMT) and smooth muscle metaplasia (SMM)) in the development and fibrogenesis of endometriotic lesions.

WHAT IS KNOWN ALREADY: Endometriotic lesions are known to be hyperinnervated due to neurogenesis resulting from neutrophins secreted by endometriotic lesions and possibly platelets. These neutrophins seem to preferentially favour production of sensory neurons at the expense of sympathetic neurons.

STUDY DESIGN, SIZE, DURATION: Three independent, yet complementary, prospective, randomized mouse experimentations were conducted. A total of 143 female Balb/C mice and 24 female immunodeficient nude Balb/C mice were used. The mice were sacrificed 2 or 4 weeks after the induction of endometriosis.

PARTICIPANTS/MATERIALS, SETTING, METHODS: In Experiment 1, 21 mice were randomly divided into three groups of equal size for sympathetic denervation, sensory denervation and controls. Denervation was carried out chemically. In Experiment 2, 24 nude mice were randomly divided into three equal-sized groups: the BEFORE and AFTER groups that respectively received surgical denervation 3 days before or after the induction of endometriosis by subcutaneous grafting of human endometriotic tissues, and the Control group that received a sham surgery without denervation 3 days before induction. For Experiments 1 and 2, all mice were sacrificed two or 4 weeks after the induction of endometriosis. In Experiment 3, substance P (SP) and aprepitant, a potent and selective neurokinin 1 receptor (NK1R) antagonist, were used to activate and inhibit the NK1R signalling pathway, respectively. A total of 32 mice were randomly divided into four groups of equal sizes: control (CTL), SP, Before-Induction and After-Induction. One day before the induction of endometriosis, mice in CTL, SP and Before-Induction groups were infused with sterile saline, SP and aprepitant, respectively, via Alzet osmotic pumps. Two weeks after the induction, the After-induction group was infused with aprepitant in similar fashion. All mice were sacrificed four weeks after the induction of endometriosis. In all three experiments, the bodyweight and hotplate latency were evaluated before induction and sacrifice. In addition, all lesions were excised, weighed and processed for quantification and immunohistochemistry analysis of markers for EMT, FMT and SMM, and the extent of fibrosis was evaluated by Masson trichrome staining.

MAIN RESULTS AND THE ROLE OF CHANCE: In Experiment 1, chemical denervation of sympathetic and sensory nerves reduced the lesion weight by 43.2% (±23.1%) and 68.7% (±20.3%), respectively, as compared with controls. In particular, sensory denervation led to significantly greater reduction in lesion weight than sympathetic denervation. Sensory denervation also resulted in significantly improved hyperalgesia as compared with controls. In contrast, sympathetic denervation yielded only transient improvement in hyperalgesia. Both sympathetic and sensory denervation resulted in lower immunoreactivity against markers of proliferation and fibrosis, especially sensory denervation.

In Experiment 2, surgical denervation before or after induction of endometriosis also decelerated the development of endometriosis, as manifested by significantly reduced lesion weight and extent of lesional fibrosis, along with improved hyperalgesia.

†These two authors contributed equally to this work.

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Introduction

Endometriosis is a debilitating gynaecologic disease affecting 6–10% of women of reproductive age (Giudice and Kao, 2004). There are three major subtypes of endometriosis, ovarian endometriomas (OE), deep endometriosis (DE) and superficial peritoneal endometriosis (PE), and these subtypes have long been postulated, based on their histology, as three separate disease entities, and, as such, possibly have different pathogenesis and pathophysiology (Nisolle and Donnez, 1997).

OE is the most frequently diagnosed subtype (Jenkins et al., 1986). DE was initially defined as endometriotic lesions infiltrating the peritoneum by >5 mm (Koninckx and Martin, 1992) but is now redefined as adenomyosis externa (Koninckx et al., 2012), and is less prevalent than OE. However, >95% of women with DE complain of severe pain (Koninckx et al., 2012). As such, it is recognized as the most severe clinical form of endometriosis with challenging clinical management (Tosti et al., 2015). While several hormonal and immunological mechanisms have been proposed for DE (Ferrero et al., 2015), the direct evidence in support of these putative mechanisms is lacking.

Our recent study found that both OE and DE lesions exhibited cellular changes consistent with epithelial–mesenchymal transition (EMT), fibroblast-to-myofibroblast transdifferentiation (FMT), smooth muscle metaplasia (SMM) and fibrosis (Liu et al., 2018), as already shown in vitro and in-vivo experimentations (Zhang et al., 2016a, 2016b, 2017). Compared with OE, DE lesions appeared to have undergone more thorough and extensive EMT, FMT and SMM and, consequently, displayed significantly higher fibrotic content but less vascularity (Liu et al., 2018). This raises the question as what other factors are responsible for the development of DE.

More prominently, DE lesions are frequently in proximity with several nerve plexuses: inferior hypogastric, vesical, utero-vaginal and rectal plexus. In addition, endometriotic lesions are well-documented to be hyperinnervated (Anaf et al., 2000; Tokushige et al., 2006; Mechsern et al., 2009; Wang et al., 2009), especially in DE (Wang et al., 2009, 2009; Anaf et al., 2011). Apparently, this hyperinnervation is due to the neurogenesis resulting from neurophins secreted by endometriotic lesions, such as NGF (Barcena de Arellano et al., 2011), NT-3 (Barcena de Arellano et al., 2013) and even thromboxane A2 (TXA2) (Yan et al., 2017). However, the secreted neurophins seem to preferentially favour production of sensory neurons at the expense of sympathetic neurons (Ferrero et al., 2010; Arnold et al., 2012), likely because the lesions secrete nerve repellent factors such as semaphorin 3A (Liang et al., 2015).

The striking histological relationship between nerves and the extent of lesions fibrosis (Anaf et al., 2004), especially in DE (Anaf et al., 2000), in contrast to the relatively poorer innervation in OE (McKinnon et al., 2012), raises the possibility that nerves, especially sensory nerves, may facilitate the development and fibrogenesis of endometriosis. We hypothesized that denervation, especially sensory denervation, may decelerate the development and fibrogenesis of endometriosis. In particular, sensory nerve-derived substance P (SP) and its receptor, neurokinin receptor 1 (NK1R), may facilitate the development and fibrogenesis of endometriosis. In this study, we conducted three independent animal experiments to test this hypothesis.

Materials and Methods

Animals

A total of 143 7-week-old virgin female Balb/C mice and 24 immunodeficient nude Balb/C (nu/nu) mice were purchased from the SLAC Experimental Animal Company (Shanghai, China) and used for this study. All mice were maintained under controlled conditions with a 12/12 h light/dark cycle and had access to food and water ad libitum.

All experiments were performed under the guidelines of the US National Research Council’s ‘Guide for the Care and Use of Laboratory Animals’ (2011) and were approved by the Institutional Experimental Animals Review Board of Shanghai Obstetrics and Gynecology Hospital, Fudan University.

Induction of endometriosis

We used an established mouse model of endometriosis by intraperitoneal (i.p.) injection of endometrial fragments (Somigliana et al., 1999) as described in our previous studies (Ding et al., 2015; Long et al., 2016). Briefly, after one week of acclimatization, 7-week-old donor mice were intramuscularly injected with 3 μg/mouse estradiol benzoate (Animal
Medicine Factory, Hangzhou, China) to stimulate the growth of endometrium. One week later they were sacrificed and their uteri were harvested. The uterine tissues were seeded in a Petridish containing warm sterile saline and split longitudinally with a pair of scissors.

Two uterine horns from each mouse were minced with scissors, ensuring that the maximal diameter of the fragment was consistently smaller than 1 mm. The fragments were then injected i.p. to recipient mice. To minimize any individual variation, the endometrial tissue fragments from two donor mice were mixed together and then divided into three or four parts, with each injected i.p. to one mouse each from one of the three or four groups, depending on the experiment design.

### Chemical denervation

We used 6-hydroxydopamine (6-OHDA) and resinsiferatoxin (RTX) for sympathetic and sensory denervation, respectively, in our mouse studies. 6-OHDA is a sympathomimetic neurotoxin that triggers the release of norepinephrine from the sympathetic nerve and selectively destroys the nerve terminals, and is frequently used for sympathetic denervation in rodents (Vaughan et al., 2014). RTX selectively destroys small, unmyelinated mostly C-fibre sensory nerves (Neubert et al., 2003). It is widely used in pain studies to deplete the sensory nerve fibres, leading to thermal analgesia (Almasi et al., 2003; Hsiao et al., 2013; Karai et al., 2004).

To determine the effective doses of 6-OHDA and RTX in adult female Balb/C mice, we tested two doses for each, 6-OHDA (Sigma-Aldrich, St. Louis, MO, USA): 100 mg/kg (Kruszewski et al., 1998) and 200 mg/kg (Gosain et al., 2006); RTX (Sigma-Aldrich): 50 μg/kg (Hsieh et al., 2008) and 200 μg/kg (Kwon et al., 2006), both by i.p. injection. To see how long the putative denervation would produce and last, two mice of each group were sacrificed at 3, 7 and 14 days after serial injections, as outlined below. We used 60 female Balb/C mice in the preliminary experiment, and the results showed that the high dosages were effective in denervation. Therefore, we report the results from high-dosage groups (n = 30).

After the preliminary experiment, 14 of 35 mice were randomly selected as donors of uterine fragments, and the remaining 21 mice were randomly divided into three groups of equal sizes: the 6-OHDA group, which received 200 mg/kg i.p. injections of 6-OHDA freshly prepared in sterile saline containing 1% ascorbic acid as an antioxidant (Gosain et al., 2006); the RTX group, which received 200 μg/kg i.p. injections of RTX dissolved in 10% Tween-80 and 10% ethanol in sterile saline (Hsiao et al., 2013); and the control group, which received injections of equal volume of vehicles. To eliminate potential bias caused by different vehicle, the 6-OHDA group was injected with equal volume of RTX vehicle, the RTX group was injected with equal volume of 6-OHDA vehicle, and the control group was injected with the two kinds of vehicles. Designating the day when the endometriosis induction procedure was performed as Day 0, each group received injections every 5 days, starting from Day −3 (i.e. 3 days before induction), and the mice were sacrificed on Day 14 (Supplementary Fig. S1A).

The bodyweight and hotplate latency of all mice were measured and recorded each time before injection (Days −3, 2, 7, 12) and before sacrifice (Day 14) by cervical dislocation. The abdominal cavities were immediately opened up and all lesion tissues were harvested. The total weight of all lesions from each mouse was assessed and then divided into three or four pieces. Each piece of lesion tissue was fixed by haematoxylin and eosin (H&E) staining, and all nude mice were injected with 100 μg/kg estradiol benzoate (Animal Medicine Factory, Hangzhou, China) every 3 days.

### Surgical denervation

To further confirm the effect of sensory denervation on lesion development, we also performed surgical denervation. A total of 24 nude mice were randomly divided into three equal-sized groups: the BEFORE group that received surgical denervation 3 days (Day −3) before the heterotransplantation of endometriotic fragments (Day 0), the AFTER group that received surgical denervation 3 days (Day 3) after the transplantation, and the Control group that received a sham surgery at Day −3 without denervation (Supplementary Figure S1B). During the whole experimental procedure, all nude mice were injected with 100 μg/kg estradiol benzoate (Animal Medicine Factory, Hangzhou, China) every 3 days.

For surgical denervation, the nude mice were anaesthetized by i.p. injection of 300 mg/kg chloral hydrate, and the neurectomy was performed as described previously (Shu et al., 2015). Briefly, a midline incision ~2 cm in length at the paravertebral line was made. The skins and subcutaneous tissues were separated, and the T9 to L1 vertebrae were exposed. The nerve roots were exposed unilaterally, and the nerve ~0.5 cm in length was transected distal to the point of trifurcation, followed by wound closure. After surgery, all mice were administered with penicillin of 40 000 U intramuscularly to prevent infection. After recovery from anesthesia, the mice were pricked with a needle at the wound site, and the lack of response indicated successful denervation.

Human endometriotic tissues were harvested from three cycling patients, aged 31–38 years (mean = 34.7 years), with laparoscopically and histologically diagnosed OE but no hormonal treatment in the last 3 months before surgery. Pieces of lesion tissues were obtained in surgery and immediately transferred into 4°C Dulbecco’s Modified Eagle’s medium/Ham’s F-12 medium (DMEM/F-12, HyClone) supplemented with 100 IU/mL penicillin G, 100 μg/mL streptomycin and 2.5 μg/mL Amphotericin B. Under a laminar-flow hood, the tissues were washed in phosphate-buffered saline to remove red blood cells and debris, and chopped into small pieces of ~1 mm³ in size (Zamah et al., 1984). The fragments were injected subcutaneously on the denervated regions of the dorsum. All mice received a single injection of 10 pieces of fragments immersed in 200 μL of serum-free DMEM/F-12. Subcutaneous injections were performed using a 1-mL syringe and a 18-gauge needle (Kuligowska et al., 2005).

Two weeks after the transplantation, all mice were sacrificed. Their bodyweight and hotplate latency were evaluated and recorded before the denervation surgery, the transplantation and sacrifice. By eyeball emulsification, ~700 μL of peripheral blood was drawn from the inner canthus vein of the right eye for baseline measurement of serum soluble P-selectin (sP-select) levels. Then all lesions on the dorsum were immediately excised, and processed for quantification, and histochemistry and immunohistochemistry (IHC) analysis.

### NK1R antagonism

Among the 48 female adult Balb/C mice, 16 of were randomly selected as donors of uterine tissues, and the remaining 32 were recipients that...
received uterine tissues. SP and aprepitant, a potent and selective NK1R antagonist, were used to activate and inhibit the NK1R signalling pathway, respectively. The recipient mice were randomly divided into four equal-sized groups, control (CTRL), SP, Before-Induction and After-Induction. One day before the induction of endometriosis, mice in CTRL, SP and Before-Induction groups were infused with sterile saline, SP (10 μg/kg/day; Sigma, St Louis, MO, USA) (Foldenauer et al., 2012) or aprepitant (1 mg/kg/day; Selleck Chemicals, Houston, TX, USA) (Tattersall et al., 2000), respectively, via Alzet osmotic pumps (Model 1004, DURECT Corp, Cupertino, CA, USA). Two weeks after induction of endometriosis, the After-induction group was infused with apreptiant via Alzet osmotic pumps (model 1002) in the same dose as the Before-induction group (Supplementary Fig. S1C). The pump ensured consistent and controlled release of contents with a uniform speed. As reported previously (Long et al., 2016), we inserted the osmotic pumps on the nape (Supplementary Fig. S2). All mice were sacrificed 4 weeks after the induction of endometriosis. Bodyweight and hotplate latency were evaluated before sacrifice by cervical dislocation. The abdominal cavities were immediately opened up and all lesions were excised and processed for quantification and IHC analysis and the extent of fibrosis was evaluated by Masson trichrome staining.

**Immunohistochemistry**

Tissue samples were fixed with 10% formalin (w/v) and paraffin embedded. Serial 4 μm sections were obtained from each block, with the first resultant slide being stained for hematoxylin and eosin to confirm pathological diagnosis, and the subsequent slides stained for proliferating cell nuclear antigen (PCNA) (1:50; Abcam, Cambridge, UK), vascular endothelial growth factor (VEGF) (1:50; Abcam), Collagen I (1:200; Abcam), neuropeptide Y receptor (NK1R) (1:50; Santa Cruz) and CD41 (1:200; Abcam) for platelets. Routine deparaffinization and rehydration procedures were performed. For positive controls, mouse brain tissues were used for NK1R, and human OE tissues were used for PCNA, VEGF, α-SMA, collagen I, vimentin, while the human deep endometriosis tissue sample was used for desmin and SM-MHC. For negative controls, we used IgG from rabbit serum instead of the primary antibodies (Supplementary Fig. S3).

For antigen retrieval, the slides were heated at 98°C in a citrate buffer (pH 6.0) for a total of 30 min and cooled to room temperature. The slides were then incubated with the primary antibodies overnight at 4°C. After the slides were rinsed, the horse radish peroxide-labelled secondary antibody Detection Reagent (Sunpoly-HII; BioSun Technology Co, Ltd, Shanghai, China) was added and incubated at room temperature for 30 min. The bound antibody complexes were stained for 3–5 min or until appropriate for microscopic examination with diaminobenzidine and then counterstained with hematoxylin (30 s) and mounted. Images were obtained with the microscope (Olympus BX53; Olympus, Tokyo, Japan) fitted with a digital camera (Olympus DP73; Olympus). Three to five randomly selected images at ×400 magnification of each sample were taken to get a mean optional density value by Image Pro-Plus 6.0 (version 6.0.0.206; Media Cybernetics, Inc, Bethesda, MD, USA). For PCNA, the percentage of PCNA positive cells stained in brown in nuclei in proportion to the entire field in pixel of the ectopic implants were calculated using Image Pro-Plus 6.0 (Media Cybernetics).

**Masson trichrome, Van Gieson and Picro-Sirius red staining**

Masson trichrome staining, Van Gieson staining and Picro-Sirius red staining were employed to detect collagen fibres in lesions.

For Masson trichrome staining, tissue sections were deparaffinized in xylene and rehydrated in a graded alcohol series and then were immersed in Bouin solution at 37°C for 2 h. Bouin solution was made with 75 mL of saturated picric acid, 25 mL of 10% formalin (w/v) solution, and 5 mL of acetic acid. Tissue sections were stained using the Masson Trichrome Staining kit (Baso, Wuhan, China) following the manufacturer’s instructions. The areas of the collagen fibre layer stained in blue in proportion to the entire field of the ectopic implants were calculated by the Image Pro-Plus 6.0 (Media Cybernetics).

For Van Gieson staining, the tissue sections were heated at 60°C for 45 min, then deparaffinized in xylene and rehydrated in a graded alcohol series. To stain nuclei, sections were dipped into Weigert iron hematoxylin for 10 min, rinsed with tap water, then dipped into 0.1% HCl–ethanol (v/v) for 10 s, and washed with tap water. The sections were then counterstained with Van Gieson solution (Goodbio, Wuhan, China) for 5 min before rinsing with tap water, as our previous method (Liu et al., 2016). The areas of the collagen fibre layer stained in red relative to the entire portion of the ectopic implants were calculated by the Image Pro-Plus 6.0 and used as the extent of fibrosis in the lesion.

For Picro-Sirius red staining, tissue sections were heated in an oven at 60°C for 45 min, and then deparaffinized in xylene and hydrated using increasing graded ethanol solutions. The tissue slides were placed in a Picro-Sirius red stain solution kit (Goodbio) for 20 min following the manufacturer’s instructions, and rinsed with tap water for 1 min, as our previous work (Liu et al., 2016). Under the optical microscope, collagen fibres were stained in red while the epithelium, blood vessels and muscle appear yellowish. The areas of the collagen fibre layer stained in red relative to the entire portion of the ectopic implants were calculated by the Image Pro-Plus 6.0 and used as the extent of fibrosis in the lesion.

**Immunofluorescence**

Sections were heated for antigen retrieval in the citrate buffer (pH 6.0), then they were incubated with 5% goat serum for blocking non-specific binding sites. The slides were then incubated overnight at 4°C with primary antibodies, including rabbit anti-mouse tyrosine hydroxylase (TH) (1:200; Abcam), and rabbit anti-mouse calcitonin gene-related peptide (CGRP) (1:200; Abcam) antibodies. The slides were incubated with 1:500 AlexaFluor 647-conjugated goat anti-rabbit secondary antibody (Cell Signalling Technology) for 1 h at 37°C. Counterstaining of nuclei with DAPI (Beyotime, Shanghai, China) also was performed. Fluorescent slides were examined under a confocal laser scanning microscope (Leica TCS SP5 Confocal Microscope, Solms, Germany) at room temperature and then exported as a TIFF-format digital file. Image-Pro Plus 6.0 was used to process the images (brightness and contrast) and to construct merged images.

**Quantification of sP-selectin by ELISA**

The collected blood samples were allowed to clot for 2 h at room temperature, then centrifuged for 20 min at 2000 g to obtain serum samples. The resultant samples were analysed by the mouse sP-selectin ELISA kit from R&D Systems (Minneapolis, MN, USA) following the manufacturer’s instructions.

**Statistical analysis**

The comparison of distributions of continuous variables between or among two or more groups was made using the Wilcoxon’s and Kruskal’s test, respectively, and the paired Wilcoxon test was used when the before–after (induction of endometriosis) comparison was made for the same group of subjects. The standard errors for the ratios of group means were calculated by the Delta method. Pearson’s correlation coefficient was used to quantify correlation between two variables when at least one was ordinal or both were continuous. Multivariate linear regression analyses were used to determine which factors were associated with lesion weight, hotplate latency or immunostaining levels. P-values of less than
0.05 were considered statistically significant. All computations were made with R 3.5.1 (R Core Team, 2018).

Results

6-OHDA and RTX induce specific denervation in mice

To ensure that the chemical denervation exerts its effect on specific nerve fibres, we first examined 6-OHDA-induced denervation on sympathetic nerves and RTX-induced denervation on sensory DRG neurons. We found that, after serial i.p. injection of 6-OHDA (200 mg/kg), the mean fluorescence intensity of TH-positive neurons was progressively decreased, reaching the lowest level on Day 14, which was merely 9.7% of that in the control group (Fig. 1). Similarly, in mice received serial i.p. injection of RTX (200 μg/kg), the mean fluorescence intensity of CGRP+ neurons was reduced progressively, also reaching the lowest level on Day 14, which was only 8.5% of that in the controls (Fig. 1). No mice died from the procedure. Thus, with the dose and injection schedule that we used, 6-OHDA and RTX effectively denervated sympathetic and sensory nerves, respectively, in mice.

The chemical denervation resulted in some noticeable physiological changes in mice. During the first few hours after the administration of 6-OHDA, the mice displayed hunched back, raised fur and reduced motor activity, a sign indicating specific sympathetic denervation. In addition, varying degrees of diarrhoea were observed and lasted throughout the entire experimental period, resulting in progressive weight loss (Fig. 2A), which indicated a desensitized sympathetic nervous system (Mathias et al., 1985). In particular, the growth curve in mice receiving 6-OHDA was significantly flatter than that of control mice, as measured by the AUC of the bodyweight starting at Day –3 ($P = 0.007$), even though there was no difference at the baseline ($P = 0.56$). In contrast, no significant difference in AUC was found between mice receiving RTX and control mice ($P = 0.38$). Mice with RTX-induced neuropathy exhibited mechanical and thermal hypoalgesia, which were reflected respectively by hypoalgesia-induced self-mutilation (dried blood stains in extremities) and longer hotplate latencies (Fig. 2B).

Chemical denervation reduces lesional size and improves hyperalgesia in mice with induced endometriosis

Denervation of sympathetic and sensory nerves reduced the lesion weight by 43.2% ($\pm 23.1\%$) and 68.7% ($\pm 20.3\%$), respectively, as compared with controls ($P = 0.004$ and $P = 0.0006$, respectively; Fig. 2C, Supplementary Fig. S4). In particular, sensory denervation led to significantly greater reduction in lesion weight than sympathetic denervation ($P = 0.038$; Fig. 2C).

Figure 1 Summary results of chemical denervation. Left panel: Representative photomicrographs of immunofluorescence staining of TH positive sympathetic nerves (A, C and E) and CGRP positive sensory nerves in DRG neurons (B, D and F) that were evaluated at 0, 7 and 14 days after chemical denervation with 200 mg/kg of 6-OHDA (A, C and E) and 200 μg/kg of RTX (B, D and F), respectively. Magnification: $\times 400$. Scale bar $= 100 \mu m$. Right panel: Summary of the mean intensity of immunofluorescence staining of TH positive sympathetic neurons and of CGRP positive sensory neurons that were evaluated at 0, 7 and 14 days after chemical denervation by 6-OHDA and of RTX, respectively. $N = 5$ for each chemical and each time point. Data are presented as mean $\pm$ SD. *$P < 0.05$. 

Neuropeptides accelerate lesional fibrogenesis
Figure 2 Summary results of Experiment 1. The dynamic changes of mean bodyweight (A) and hotplate latency (B) in mice treated with vehicle, 6-OHDA or RTX. The data are shown in means and standard deviations. Boxplot of lesion weight (C), staining of NK1R in the epithelial (D) and the stromal components (E), the percentage of PCNA-positive cells in the epithelial (F) and stromal components (G), staining of VEGF (H), and collagen I (I) and the extent of fibrosis (J) among different groups. Symbols for the statistical significance levels: * or #: \( P < 0.05 \), ** or ##: \( P < 0.01 \); **: or ####: \( P < 0.001 \); NS, not statistically significant, i.e. \( P > 0.05 \), all by Wilcoxon’s rank test (Kruskal’s test in (A) and (B)). The symbols for significance levels are, in black, for the designated group versus the control group, or, in red, versus the 6-OHDA group. At all time points \( n = 7 \) for each group.
While all mice had similar hotplate latency before the chemical denervation (\(P = 0.29\); Fig. 2B), sensory denervation resulted in significantly increased latency in mice as compared with controls, starting from the day of endometriosis induction (all \(P\)-values \(< 0.012\); Fig. 2B). In contrast, sympathetic denervation yielded significantly reduced latency just 2 days after the induction (all \(P\)-values \(< 0.026\), but \(P = 0.055\) on Day 14; Fig. 2B), indicating that sympathetic denervation did not improve endometriosis-associated hyperalgesia as sensory denervation did, and may in fact have exacerbated it.

### Chemical denervation reduces lesional expression of markers for proliferation, angiogenesis and fibrosis

We also performed an IHC analysis of NK1R, PCNA, VEGF and collagen I, along with Masson trichrome staining, in lesion samples. We summarized the locations and cellular components of the staining of different IHC markers in Table 1. Figure 3 shows the representative IHC results, and Fig. 2D–J summarizes the results.

Of note, NK1R staining was found in both epithelial and stromal components of ectopic endometrium, especially in its epithelial component, but both sensory and sympathetic denervation significantly reduced the staining levels (all \(P\)-values \(< 0.001\) by regression, both \(R^2 = 0.95\); Fig. 2). In particular, sensory-denervated mice had significantly lower NK1R staining levels than those received sympathetic denervation (both \(P\)-values = 0.0006; Fig. 2D and E), likely resulting from reduced secretion of SP by sensory nerves due to reduced sensory nerve fibres.

Through linear regression analysis with adjustment for bodyweight, we found that both sympathetic and sensory denervation resulted in a lower percentage of PCNA+ cells (in both epithelial and stromal components), lower immunoreactivity against collagen I and a lower extent of fibrosis in ectopic endometrium as compared with control mice (all \(P\)-values \(< 0.0022\), all \(R^2 \geq 0.75\); Fig. 2F, G, I, J). Sensory, but not sympathetic, denervation, also significantly reduced the VEGF immunostaining levels as compared with control mice (all \(P = 0.0052\), \(R^2 = 0.34\); Fig. 2H). In particular, sensory denervation resulted in significantly lower immunostaining levels of NK1R and collagen I as well as significantly lower extent of fibrosis in lesions than did sympathetic denervation (all \(P\)-values \(< 0.018\); Fig. 2D, E, I, J).

The NK1R staining levels in both epithelial and stromal components were found to correlate positively with the lesion weight (all \(r \geq 0.89\), all \(P < 8.7 \times 10^{-4}\)), PCNA (all \(r \geq 0.77\), all \(P < 4.7 \times 10^{-5}\)), VEGF (all \(r \geq 0.73\), all \(P < 1.7 \times 10^{-4}\)). In endometriotic stroma, the NK1R staining levels correlated positively with collagen I staining (\(r = 0.94\), \(P = 5.0 \times 10^{-10}\)), and particularly the extent of fibrosis (\(r = 0.97\), \(P = 6.8 \times 10^{-13}\)) but negatively with the hotplate latency (\(r = -0.90\), \(P = 2.4 \times 10^{-4}\)), suggesting that SP-NK1R signalling pathway plays an important role in the development of endometriosis.

### Surgical denervation decelerates the development of endometriosis

RTX is known to be a potent NF-κB inhibitor (Singh et al., 1996), yet the role of NF-κB in endometriosis is well-documented (Guo, 2007; Gonzalez-Ramos et al., 2010). The retarded lesional development in RTX-treated group may thus be attributable, perhaps in no small amount, to suppressed NF-κB activity. To further determine the effect of sensory denervation on lesional development, we performed a denervation surgery by severing the spinal nerves. We transected sensory nerves ~0.5 cm in distance distal to the point of trifurcation clinging to dorsal root just outside the spinal cord (Shu et al., 2015). Consistent with the results from the chemical denervation experiment, denervation before and after the induction of endometriosis reduced lesion weight by an average of 64.4% (±47.3%) and 60.5% (±20.9%), respectively, as compared with controls (both \(P\)-values \(< 0.015\); Fig. 4A, Supplementary Fig. S5). While denervation before induction resulted in greater reduction in lesion weight than the after induction, the difference did not reach statistical significance level (\(P = 0.34\); Fig. 4A).

Consistent with the decelerated lesion growth resulting from surgical denervation, there was a significant difference in hotplate latency among the three groups at the end of the experiment (\(P = 0.002\) even though no such difference was found at the baseline (\(P = 0.58\)) or 3 days before induction (\(P = 0.40\); Fig. 4B). In particular, mice in the before- and after-induction groups both had significantly longer latency than mice without denervation (both \(P\)-values \(< 0.005\); Fig. 4B).

We also performed an IHC analysis of NK1R staining and, for quantification of the extent of fibrosis, Masson trichrome, Van Gieson and Picro-Sirius red stainings. Consistent with the findings in chemical denervation experiment, surgical denervation before and after the induction of endometriosis significantly decreased the NK1R staining levels in both epithelial and stromal components (\(P = 0.0002\) and \(P = 0.0009\), respectively; Figs 4C, D and 5). In addition, surgical denervation both before and after the induction of endometriosis

### Table I Cellular component, location and staining intensity of different immunohistochemistry markers.

<table>
<thead>
<tr>
<th>Marker name</th>
<th>Found mostly in which cell component</th>
<th>Location of the staining component</th>
<th>Staining intensity</th>
<th>Scoring in which component</th>
</tr>
</thead>
<tbody>
<tr>
<td>PCNA</td>
<td>Both in endometriotic glandular epithelial and stromal cells (mainly in epithelial cells)</td>
<td>Cell nucleus</td>
<td>Strong; decreased after both sensory and sympathetic denervation</td>
<td>Glandular epithelial cells</td>
</tr>
<tr>
<td>VEGF</td>
<td>Glandular epithelial cells</td>
<td>Cytoplasm</td>
<td>Medium; decreased after sensory denervation</td>
<td>Glandular epithelial cells</td>
</tr>
<tr>
<td>Collagen I</td>
<td>Endometriotic stromal cells</td>
<td>Extracellular matrix of the stromal tissues</td>
<td>Medium-strong; decreased after sensory denervation</td>
<td>Stromal component of the ectopic lesions</td>
</tr>
<tr>
<td>NK1R</td>
<td>Glandular epithelial cells</td>
<td>Cytoplasm</td>
<td>Medium; decreased after sensory denervation</td>
<td>Glandular epithelial cells</td>
</tr>
</tbody>
</table>

*This table lists the cellular component, location and staining intensity of different immunohistochemistry markers.*
resulted in significantly reduced platelet aggregation in lesions \((P = 0.038\) and \(P = 0.00016\), respectively; Figs 4E and 5). Consistently, surgical denervation also significantly reduced the serum sP-sel levels \((P = 0.0499\) and \(P = 0.00016\), respectively; Fig. 4F), which were correlated with the extent of lesional platelet aggregation \((r = 0.94, P = 9.8 \times 10^{-12}\)). Lesional NK1R staining levels correlated with the extent of platelet aggregation \((r \geq 0.75, all P \leq 2.6 \times 10^{-5}\)).

The three histologic staining methods yielded nearly identical results, with the correlation coefficient between any two methods being 0.97 or greater \((P < 3.3 \times 10^{-16}\). By all staining methods, denervation both before and after the induction significantly reduced the extent of lesional fibrosis as compared with controls \((all P\text{-values} < 0.00016\); Figs 4G and 5, and Supplementary Fig. 5A, B). Under the optical microscope, the Picro-Sirius red staining sections of control group showed mostly bright red in the stroma, indicative of collagen fibres, while the lesions taken from surgically denervated mice appeared mainly yellow in endometriotic epithelial and stromal compartments as well as the vascular epithelium. Van-Gieson staining appeared mostly red, indicating collagen fibres in control group, while the lesions of both before- and after-induction groups showed mostly epithelium and muscle fibres (mostly epithelium) stained yellowish (Fig. 5).

Importantly, the extent of lesional fibrosis correlated negatively with the hotplate latency \((all r \leq -0.64, all P \leq 7.6 \times 10^{-4}\); Fig. 4H).

Consistently, the NK1R staining levels in endometriotic lesions correlated positively with the lesion weight \((all r \geq 0.83, all P \leq 1.1 \times 10^{-11}\) (with one apparent outlier removed); Supplementary Fig. S6C,D) and the extent of fibrosis \((all r \geq 0.93, all P \leq 2.9 \times 10^{-11}\); Supplementary Fig. S6E,F) but negatively with the hotplate latency \((all r \leq -0.67, all P \leq 3.5 \times 10^{-6}\); Supplementary Fig. S6G,H). Lesion weight also correlated with the extent of fibrosis \((all r \geq 0.76, P = 1.6 \times 10^{-5}\) for all three staining methods). Combined with the chemical denervation data, it can be concluded that sensory denervation decelerated the lesional development.

**NK1R activation accelerates, while NK1R antagonism decelerates, lesional fibrogenesis**

Sensory nerves secrete numerous neuropeptides. Among them, SP is the most prominent one. The endogenous receptor for SP is NK1R \((Gerard et al., 1991)\). Given the above findings that sensory denervation...
Figure 4 Summary results of Experiment 2. (A) Boxplot of lesion weight among different groups of mice. (B) The dynamic changes of the mean hotplate latency in different groups. The data are shown in means and standard deviations. The dots in sky blue represent the time when the hotplate test was administrated. The statistical significance in difference in latency at the designated time points among the three groups was shown. Boxplot of lesional NK1R staining in the epithelial (C) and the stromal components (D), the extent of platelet aggregation (E), serum soluble P-selectin levels (F) and the extent of lesional fibrosis (G) in different groups. (H) Scatter plot showing the relationship between hotplate latency and the extent of lesional fibrosis. Pearson’s correlation coefficient is shown, followed by its level of statistical significance. The dashed line represents the regression line. Except (B) and (H), the symbols in black and maroon for statistical significance levels are for the designated group versus the Control and the Before group, respectively. Symbols for the statistical significance levels: *P < 0.05, **P < 0.01, ***P < 0.001 (by Wilcoxon rank test or Kruskal test). NS, statistically not significant, i.e. P > 0.05. n = 8 at all time points for each group.
significantly decelerates the development and fibrogenesis of endometriosis, we wondered whether SP infusion and NK1R antagonism have any effect on lesional development.

We found that, compared with controls, mice that received SP infusion had significantly heavier/larger lesions ($P = 0.021$), but NK1R antagonism, either instituted before or after the induction of endometriosis, significantly reduced the lesion weight (both $P$-values $\leq 0.002$; Fig. 6A, Supplementary Fig. S7). On average, the lesions in the SP group were 53.1% ($\pm 31.8\%$) heavier than that of control group, while NK1R antagonism before and after induction reduced the lesion weight by 94.1% ($\pm 8.1\%$) and 54.2% ($\pm 22.5\%$), respectively (Fig. 6A).

The lesion weight in the pre-induction group was significantly lower than that of the post-induction group ($P = 0.0009$), indicating that preemptive administration of NK1R inhibitor could retard the initial growth of endometriotic lesions.

Consistently, the SP group had significantly shorter, but both before-induction and after-induction groups had significantly longer, hotplate latency than that of control group (all $P$-values $\leq 0.0016$), even though no such difference was found at the baseline ($P = 0.81$; Fig. 6B). The before-induction group had longer latency than that of the after-induction group, but the difference was only marginally significant ($P = 0.065$).

We also carried out IHC and histological analyses of markers of EMT, FMT, SMM and the extent of fibrosis in endometriotic lesions (Fig. 7). As expected, both before and after groups had nearly absent lesional NK1R expression, significantly lower than that of the control group (all $P \leq 0.008$ and all $P \leq 0.0009$, respectively), while the SP group had significantly higher NK1R expression than that of control group (all $P \leq 0.0011$; Fig. 6C and D). With the only exception of VEGF, the SP group had significantly higher expression of all markers (and for PCNA and $\alpha$-SMA, both epithelial and stromal components), and lower expression of E-cadherin, than that of controls (all $P$-values $< 0.05$; Fig. 8A–I). In particular, the SP group had significantly higher, while both before- and after-induction groups had significantly lower extent of fibrosis than that of control group (all $P$-values $\leq 3.6 \times 10^{-5}$; $R^2 = 0.89$; Fig. 8J). On average, the fibrotic content in the SP group increased by 92.2% while before- and after-induction groups reduced the content by 71.8 and 50.7%, respectively, as compared with that of control group (Fig. 8J).

Importantly, stromal NK1R staining levels in endometriotic lesions correlated positively with the extent of lesional fibrosis but negatively with the hotplate latency ($r = 0.97$, $P < 2.2 \times 10^{-16}$, and $r = -0.92$, $P = 1.9 \times 10^{-12}$).

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**Figure 5** Immunohistochemistry and histochemistry analyses for Experiment 2. Representative results of immunohistochemistry analysis and Masson, Van Gieson and Picro-Sirius red staining of endometriotic lesions in different groups of mice. Scale bar = 50 μm.
Discussion

Through three independent yet complementary experimentations, we have shown in this study that denervation, especially sensory denervation, decelerates the development and fibrogenesis of endometriosis. In particular, sensory denervation suppresses NK1R expression in endometriotic lesions, very likely through the reduction in SP release, resulting in greater retardation in lesional progression. In all three experiments, lesional NK1R expression levels correlate positively with the lesion weight and the extent of fibrosis, likely through its promoting effect on EMT, FMT and SMM during the progression of endometriosis (Zhang et al., 2016a).

Nerves are a notable feature of the lesional microenvironment, especially in DE (Anaf et al., 2002; Wang et al., 2009). Yet aside from their role in pain transduction, their role in lesional development has seemingly received scant, if any, attention, and how they exert their influence on lesional development has been completely unclear. This study demonstrates that sensory nerves may play critical roles in lesional development, likely through the activation of the SP/NK1R signalling pathway. In essence, it demonstrates that sensory nerves are yet another unindicted culprit in the development of endometriosis.

This study has several strengths. First, we employed three independent, yet complementary, experimentations to demonstrate that sensory denervation decelerates the development of endometriosis, and

\[ P = 2.6 \times 10^{-12}; \] Fig. 8K, L, and Supplementary Fig. S8A, B for epithelial staining. They also correlated with markers of EMT, FMT, SMM and the extent of fibrosis (all \( r \geq 0.87 \) or \( \leq -0.89 \), all \( P < 1.7 \times 10^{-9} \); Supplementary Fig. S8C–J). Taken together, these data suggest that SP-NK1R signalling impacts on the all processes of lesional development.

The extent of lesional fibrosis was found to be correlated positively with lesion weight (\( r = 0.96, P = 2.5 \times 10^{-16} \)) but negative with the hotplate latency (\( r = -0.87, P = 1.5 \times 10^{-9} \); Supplementary Fig. S8K, L).
showed that SP-induced NK1R activation facilitates, while NK1R antagonism decelerates, the development of endometriosis. Second, we specifically evaluated markers of EMT, FMT, SMM and the extent of fibrosis in lesions in the experiments that employed both NK1R activation and antagonism, and correlated NK1R staining with lesion weight as well as markers of EMT, FMT, SMM and fibrosis. In this way, we provide evidence to support the roles of SP/NK1R signalling in EMT, FMT, SMM and fibrogenesis.

Of course, our study also has limitations. The most conspicuous one is that our study is limited by the use of histologic and immunohistochemistry analyses only and lacks molecular data. In addition, we did not evaluate the role of other neuropeptides such as CGRP and their receptors since sensory nerves also secrete neuropeptides other than SP.

In general, our findings are consistent with the documented roles of SP/CGRP and their receptors in wound healing and fibrogenesis. SP accelerates the normal acute and chronic wound healing processes.

**Figure 7** Immunohistochemistry and histochemistry analyses for Experiment 3. Representative results of immunostaining and Masson staining in endometriotic lesions in different groups of mice. Scale bar = 50 μm.
Figure 8  Summary of histochemistry and immunohistochemistry analyses by boxplots. (A) VEGF, (B) Percentage of PCNA-positive cells in the epithelial (B) and the stromal components (C), (D) E-cadherin staining, (E) vimentin staining in the epithelial component, α-SMA staining in the epithelial (F) and stromal components (G), and staining levels of desmin (H) and SH-MHC (I), as well as the extent of lesional fibrosis (J) in endometriotic lesions. The dashed line represents the median value from all four groups. All comparisons were made in reference to the Control group, and Wilcoxon’s rank test was used. The scatter plot showing the relationship between stromal NK1R staining levels and the extent of lesional fibrosis (K) and hotplate latency (L). The number shown is the correlation coefficient, followed by its statistical significance level. The dashed line represents the regression line. Symbols for the statistical significance levels: *P < 0.05, **P < 0.01, ***P < 0.001; NS, statistically not significant, i.e. P > 0.05.
(Yang et al., 2014; Kant et al., 2015; Leal et al., 2015), while sensory denervation impairs cutaneous wound healing through increased apoptosis and reduced proliferation (Engin et al., 1996; Smith and Liu, 2002). Alternatively, denervation impairs wound healing possibly through reducing the infiltration of inflammatory immune cells in the early stage of healing (Richards et al., 1999; Xiao et al., 2015) which may be a prerequisite for later fibrogenesis. Indeed, renal denervation is reported to attenuate multi-organ fibrosis in rats with induced cardiomyopathy (Liu et al., 2015; Wang et al., 2016) and also to reduce interstitial myocardial fibrosis in patients with resistant hypertension (Doltra et al., 2014).

SP is often used as a marker for sensory nerves in or around endometriotic lesions (Tokushige et al., 2006; Mechster et al., 2007). Our results that NK1R promotes the development of endometriosis is consistent with the report that NK1R is expressed in endometriotic lesions, especially in peritoneal lesions (McKinnon et al., 2013). SP enhances, while NK1R antagonism reduces, endometrial stromal cell viability, and treatment of endometrial cells with TNFα induces NK1R expression (McKinnon et al., 2013). Conversely, increased nerve fibre density in and around endometriotic lesions (Anaf et al., 2000; Berkley et al., 2004; Tokushige et al., 2006; Mechster et al., 2007, 2009; Wang et al., 2009) may result in elevated SP concentration within lesions. Alternatively, the elevated IL-1β levels in lesions (Bergqvist et al., 2000) may activate receptors localized on sensory nerve endings, resulting in increased release of SP (Eliav et al., 2009).

Aside from the promotion of lesional platelet aggregation, the SP-NK1R signalling could facilitate the fibrogenesis of endometriosis through many other ways. First, NK1R activates Ca2+, ERK1/2, NF-xB and PKCδ, and stimulates IL-8 gene expression (Lai et al., 2008), which are reported to be involved in fibrogenesis (Luedde and Schwabe, 2011; Chichger et al., 2015; Liu et al., 2017). Second, NK1R activation at the plasma membrane initiates G protein-mediated signalling events (Steinhoff et al., 2014; Garcia-Recio and Gascón, 2015), potentially promoting lesional progression (Perez et al., 2002). Third, SP-NK1R may lead to the activation of phospholipase A2 (PLA2), formation of arachidonic acid, and generation of prostaglandins, leukotrienes, and TXA2, through induction of COX-2 expression through JAK-STAT (Koon et al., 2006). PLA2, leukotrienes and TXA2 have reported to be implicated in different fibrotic diseases (Nanji et al., 2013; Lei et al., 2015; Kanai et al., 2016; Lu et al., 2017). Finally, SP may reduce tissue plasminogen activator (tPA) while induce plasminogen activator inhibitor 1 (PAI-1), resulting in decreased fibrinolysis as in postoperative adhesion formation (Esposito et al., 2013; Cassidy et al., 2014) and thus exacerbating lesional fibrosis.

The reduced platelet aggregation in endometriotic lesions that we found in the surgical denervation experiment is consistent with the report that SP stimulates platelet aggregation (Graham et al., 2004). The additional positive feedback regulation of platelet aggregation (Gibbins, 2009) suggests that NK1R may be another anti-platelet target (Jones and Gibbins, 2008).

SP-induced NK1R activation can induce tissue factor (TF) expression and secretion in monocytes (Khan et al., 2012; Yamaguchi et al., 2016). Given the pivotal role of TF in coagulation, SP apparently also plays a role in coagulation. In fact, just like collagen, SP can directly activate platelets (Graham et al., 2004), and SP-NK1R signalling is necessary for thrombus formation (Jones et al., 2008). Thus, SP-NK1R signalling may also promote platelet aggregation in endometriotic lesions. Platelets themselves also release SP (Page et al., 2003; Graham et al., 2004), and the TXA2 released by activated platelets has been shown to induce neurite outgrowth, resulting in hyperinnervation in lesions (Yan et al., 2017). The increased nerve fibre density, in turn, would also lead to increased concentration of SP in endometriosis, further inducing platelet activation and aggregation. Moreover, SP is reported to induce M2 macrophage activation (jiang et al., 2012; Lim et al., 2017), but M2 macrophages are known to participate in tissue repair (Lim et al., 2017) and are involved in promoting lesion growth and fibrogenesis in endometriosis (Duan et al., 2018). Further research is required to delineate the roles of SP/NK1R signalling pathway in facilitating lesional development.

In summary, we have shown in this study that sensory denervation decelerates the development and fibrogenesis of endometriosis, likely through the suppression of the SP/NK1R signalling pathway in endometriotic lesions, which may actively participate in inducing EMT, FMT, SMM and fibrogenesis. Our study demonstrates that sensory nerves are likely an active accessory to endometriotic cells to accelerate lesional development in addition to their traditionally perceived roles as pain transducers. Sensory nerves are yet another unindicted culprit in the development of endometriosis, and, as such, NK1R may be an admissible drug target for treating endometriosis.

**Supplementary data**

Supplementary data are available at *Human Reproduction* online.

**Authors’ roles**

S.W.G. conceived and designed the study, performed data analysis and data interpretation, and drafted the article. X.S.L. and D.Y. participated in the writing and approved the final version of the article.

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**Conflict of interest**

All authors state that they have nothing to declare.

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Guide for the Care and Use of Laboratory Animals. 2011, Washington, DC.


